

CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

Aug. 7, 2000

NEWS BRIEFS

KECC KICKOFF AUGUST 9

Don't forget the Kentucky Employees Charitable Campaign Kickoff on Wednesday, Aug. 9, at the Frankfort Civic Center. Gov. Patton will speak and a \$3 barbeque lunch from Bar-B-Que Barn will be served at 11 a.m. If you plan to attend, contact your department representative. For more info call Cindy Atkins at 502-564-7042.

TWO ADDED TO PANEL

Gov. Patton has added two people to the Kentucky Commission on Services and Support for Individuals with Mental Retardation and other Development Disabilities. Louise Underwood of Louisville and Lina Byrd of Lexington were added to the commission July 28.



TIP OF
THE
WEEK

Do your feet suffer from blisters whenever you go hiking or play sports? Try applying a little antiperspirant to your feet. According to a recent study in the Journal of The American Academy of Dermatology, those who applied antiperspirant to their feet for three consecutive nights before a long hike had significantly fewer blisters.

The State Fair: CHS Volunteers Will Dig It In The Garden

The CHS State Fair Committee has been working hard and is almost ready for the 2000 Kentucky State Fair, Aug. 17-27. This year's exhibit, the **Garden of Good Health**, is designed to resemble a backyard garden complete with park benches, picnic tables, flowers and lots of interaction.



As fairgoers enter our exhibit under the garden arch, there will be a greeting area to their immediate right, where they may obtain a copy of the food pyramid to complete in exchange for a chance to enter the daily prize drawing. The prize drawing area is located at the end of the exhibit near the KCHIP exhibit and face-painting areas. Some of the prizes include a wooden birdhouse, barbecue tools, gardening bench, portable grill, hammock and greenhouse flower kit. Many of the displays will be giving away small items to fairgoers.

Eleven areas are featured this year. They are:

Body Composition Analysis — provides the participant with an analysis of current body composition status including body fat, lean body mass, and body water and will include specific recommendations to improve overall body composition.

Fast Food Facts — complements the body composition activity by providing nutritional information using a food pyramid

and a high-fat food display.

Adult and Child Health -- highlights the injury prevention and First Steps programs.

Commission For Children With Special Health Care Needs -- provides demonstrations of newborn hearing screening, but will not perform actual screenings due to noise level.

Health Care/Day Care Inspections and Aging Services -- offers information to Kentucky seniors and those who are interested in regulatory guidelines for nursing homes and day care facilities.

Birth & Death Certificates, Prevent Teen Pregnancy and Be Tobacco Free -- combines three important areas from Public Health. Birth and death certificate applications, posters about pregnancy prevention and car mirror tags with the anti-smoking message available.

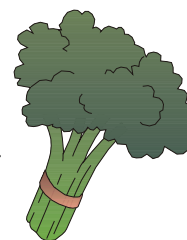
Mental Health/ Mental Retardation -- features a brain injury simulation game and flower petals with qualities of children. Giveaways will include stress balls, stress analysis information and IRIS bags.

Consumer Product Safety -- presents a beanbag toss game with emphasis on child safety. Also included will be information on consumer products and tips for avoiding hazardous products.

KCHIP -- is giving away first aid kits, stress balls and band-aid dispensers.

Food Safety -- offers a food storage game which educates the public about how to store food safely at the appropriate temperatures.

Milk safety -- provides a fun game of ring toss using milk chug bottles and every participant is a winner with such prizes as cow erasers, milk carton erasers, small ice cream scoops and other items.



Milk Inspectors Roll Out Handheld Computers

It was a dry run for the milk safety inspectors on the morning of August 3. That was when on the job training began for CHS's Empower Kentucky Simplified Regulatory Project - - handheld computers for performing inspections. Later that afternoon, the system was taken to the field for actual use.

The test went very well and soon all 15 milk inspectors will have computers about the size of clipboards and use stylus pens in a point and click system to make inspections. The rollout of the new procedure and equipment will continue through September when all milk inspectors will have the new system. The use of handheld computers will eventually spread to other inspection programs in the

Division of Public Health Protection and Safety.

"This is a big jump into new technology and this is an exciting time for us. Inspectors will be able to do their job with a handheld computer that eliminates boxes and boxes of paper. With this system, we are pioneers in the milk industry. Kentucky has always been a leader in the milk industry, but now we're really out in front," said Morris Strevels, manager of the Milk Safety Branch.

The new system has a drop down menu and allows inspectors to print a copy of the report for their customer using a companion printer, not much bigger than the clipboard-sized computer, located in their vehicle. Inspectors will transmit the data daily by telephone, cell or

cable, to the central office in Frankfort. The computers also run other applications such as e-mail and Microsoft Office. ✓



Dan Roller, a milk inspector with the Milk Safety Branch (left), demonstrates the new handheld computer for use in the field to Jim Carreer with the Department for Public Health's Commissioner's Office.

Edward Wilson Named Long Term Care Director

Edward Wilson has been named director of the new Division of Long Term Care in the CHS Office of Inspector General.

Wilson, an attorney, will be responsible for the management of a division that will oversee licensure and regulation activities for nursing homes in Kentucky.

Wilson's law practice emphasized various areas of health care. He previously served as chairman of the Commission for Health Economics Control, which was part of the old Cabinet for Human Resources.


He began his new job on Aug. 1. ✓

Wake Up Wednesday Deals With Whiners

The next Wake Up Wednesday is Aug. 9 in the CHS Auditorium at 8:30 a.m.

This week's topic is "Techniques

for Dealing With Whiners, Manipulators and Other Pains in the Backside" presented by James Driver. ✓



KECC: Did You Know?

If you contribute just \$2 per paycheck to the Kentucky Employees Charitable Campaign, it will provide:

- Instruction on effective parenting for two families.
- Two weeks of activities and companionship for four elderly persons.

Consider payroll deduction for KECC this year.